

**Middle School
Viewbook**

Grade 6-8



ABERDEEN HALL
PREPARATORY SCHOOL



Welcome to Aberdeen Hall!



Paul Bienvenu
Middle School Principal



Steve Anderson
Middle School Vice Principal





Welcome to Aberdeen Hall Preparatory School

Welcome to Aberdeen Hall Middle School. Our campus is a place where young people are challenged to learn and develop, and supported in taking the steps necessary to grow into their very best self. It is my pleasure to serve as Principal of such a vibrant community, where students come to embody our school values of resilience, responsibility, integrity, optimism, curiosity and kindness.

The Aberdeen Hall Middle School is built on a tradition of academic excellence and a commitment to the development of the whole student. Our well-rounded programming invites students to explore the arts, dive deeply into STEM, participate in a variety of clubs, and take part in student leadership opportunities. Our focus on experiential learning helps us to extend our students' experience outside of the classroom through outdoor education and community outreach programming, as well as hands-on field trips and excursions. We believe that providing a rich breadth of intentionally curated experiences helps us to prepare our students for their future post secondary studies and the exciting and ever changing future beyond.

The transition to Middle School marks a period of substantial change for students, as they navigate increased social and academic demands, and begin to solidify their sense of self. The caring and dedicated faculty, counselors and learning specialists at Aberdeen Hall are here to nurture each student's development, and partner with our families to support the individual educational needs and wellness of all of the students in our care.

I invite you to explore our Middle School through the pages of this booklet, and to reach out to our admissions department for more information. We are proud of our outstanding school, and excited to share it with you.

With pleasure,



Paul Bienvenu

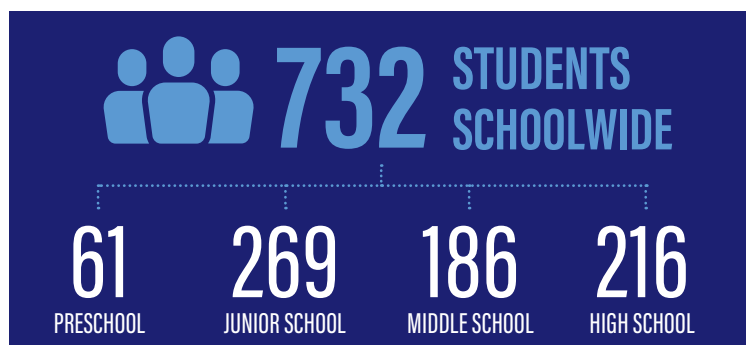
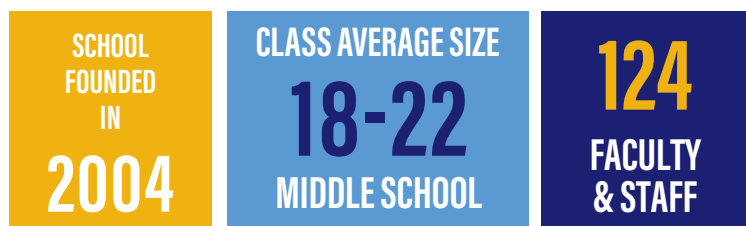
Middle School Principal

MISSION

Empower students to lead meaningful lives as compassionate, contributing citizens, and inspire their success in learning and life.

ABERDEEN HALL

Fast Facts As of January 2026



ACCREDITATIONS & MEMBERSHIPS

- Canadian Accredited Independent Schools (CAIS)
- British Columbia Ministry of Education and Childcare
- Independent School Association of BC (ISABC)
- Federation of Independent Schools of BC (FISA)

VALUES

Resilience

The ability to respond to challenges and having the courage to persevere.

Responsibility

The ability to act independently in response to duty, and to be accountable for one's choices.

Integrity

The quality of being honest, having strong moral principles, and staying true to one's self.

Optimism

A commitment to a bright and hopeful future and the steadfast belief that the outcome will be positive.

Curiosity

A passion for continual learning and exploring.

Kindness

The quality of being considerate, inclusive, and generous.



All About Middle School at Aberdeen Hall

Aberdeen Hall's Middle Years program offers a personalized version of the British Columbia Ministry of Education's approved curriculum. We place a heavy emphasis on developing students' communication skills, critical and creative thinking, and personal and social identity.

Our Values

When you visit the AHPS Middle School you will see and hear six words repeated throughout: Integrity, Responsibility, Resilience, Optimism, Curiosity, and Kindness. These are our school values and they are at the heart of everything we do. Students often reflect on these values and assess their own progress - academically and socially - using them.

What Makes Us Special is Connection

In the Middle Years program at Aberdeen Hall, each student is assigned a homeroom advisor who fosters a personal relationship with the students in their care. These advisors mentor their students through weekly lessons designed for social-emotional development, lead their students through adventure and exploration activities which expose students to experiential learning opportunities, and serve as their students' champions academically, emotionally and socially.

Breadth of Programming

We take pride in offering a wide breadth of programming to cater to the diverse interests and talents of our students. From arts and athletics to STEM and humanities, our school provides a rich array of extracurricular activities and co-curriculars, allowing students to explore and develop their passions. Our teachers take pride in developing lesson planning that is student-centered, and work hard to engage students. Our students quickly come to realize that learning can be both fun and rigorous.



"Our middle school program is distinguished by its innovative curriculum, placing emphasis not only on academic excellence but also on nurturing the well-rounded development of each student. What sets our community apart is the steadfast dedication of our educators, who cultivate a supportive environment. Here, students are empowered to explore their interests and flourish both socially and academically."



Leadership Development

A core aspect of our educational philosophy is the cultivation of leadership skills. We are dedicated to developing confident, responsible, and empathetic leaders. Our students learn to lead by looking inward and are taught that leadership is not a fixed personality trait but is instead a competency that can be nurtured and developed.

Experiential Learning

We believe in the power of hands-on, experiential learning. Our curriculum integrates real-world experiences and practical applications to deepen understanding and engage students in a more meaningful way, fostering a love for lifelong learning.

Forward Thinking

We are committed to innovation, adaptability, and the anticipation of future educational needs. We actively seek to embrace new ideas, methodologies, and technologies to ensure that our educational practices remain relevant and effective in an ever-evolving world.



Jennifer St. Jean
Middle School Humanities



The Middle School Courses

Grade 6 Courses

- English Language Arts
- Social Studies
- Mathematics
- French
- Science and Applied Design, Skills and Technology (cross curricular course)
- Physical and Health Education
- Advisory and Career Life Education

Grade 6 Electives

- Contemporary Music
- Strings
- Guitar
- Visual Arts
- Performing Arts (Drama)
- Applied Design, Skills and Technology

Grade 7 Courses

- English Language Arts
- Social Studies
- Science
- Mathematics
- French
- Physical and Health Education
- Advisory and Career Life Education

Grade 7 Electives

- Contemporary Music
- Strings
- Guitar
- Visual Arts
- Performing Arts (Drama)
- Applied Design, Skills and Technology (Robotics)

Grade 8 Courses

- English Language Arts
- Social Studies
- Science
- Mathematics
- French
- Physical and Health Education
- Advisory and Career Life Education
- Applied Design, Skills and Technology
- Arts

Grade 8 Electives

- Contemporary Music
- Strings
- Guitar
- Visual Arts
- Performing Arts (Drama)
- Media Arts- visual storytelling
- Robotics
- Business
- Media Design

"Aberdeen Hall middle school science classes have a strong emphasis on hands-on, experiential learning. Our ultimate goal is for students to have a positive experience with science while focusing on scientific habits of mind - curiosity, openness to new ideas, and appreciation of evidence. Classroom learning is connected to the real world as much as possible so that students can see science all around them in their everyday lives, and identify relationships between class concepts and their own questions about the natural world."



Shaundra Curtis
Grade 8 Science

The Design Studio

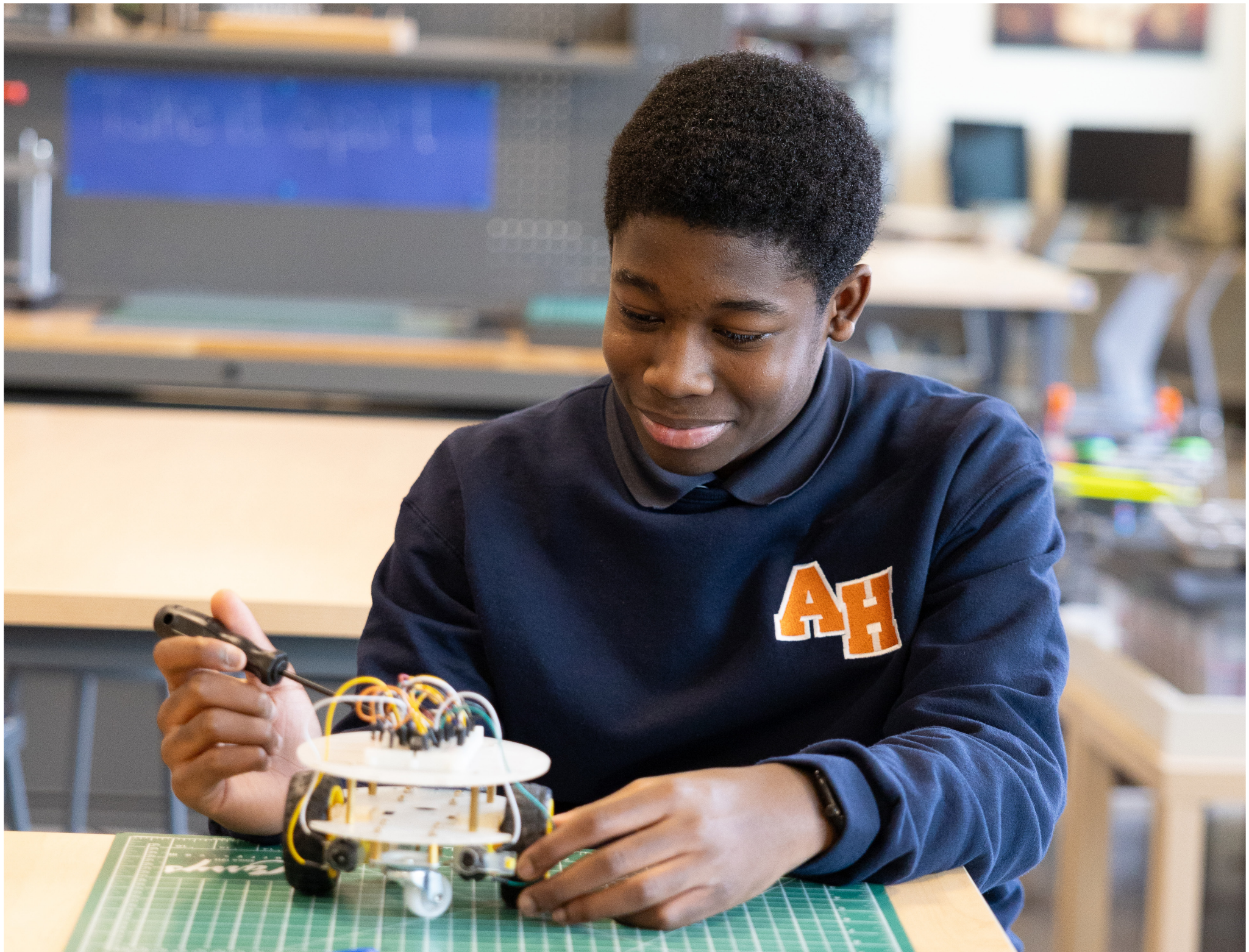
Where Ideas Take Shape

At Aberdeen Hall, the Design Studio offers students a dedicated space for personalized and experiential learning. It is a place where ideas move from concept to creation through robotics, art, graphics, 3D modelling, and video production. Here, students discover that design thinking grows through a continuous cycle of building prototypes, testing, and reflection - learning by doing in the truest sense.

"Whether it's transforming a sketch into a wooden pendant, creating a permanent campus sign, or building a functional arcade machine, the Design Studio empowers students to engage deeply, think critically, and learn by doing. In these spaces, learning is never just theoretical. Mistakes teach, curiosity leads the way, and ideas take shape - giving students the confidence and skills to create meaningful contributions to both the classroom and the wider community."



Derek Cutler
Director of Innovation



Middle School Athletic Programming

At Aberdeen Hall, we believe that students benefit from a breadth of programming options. While not every student may be gearing up for a life as a competitive athlete, each of our students benefits from the numerous athletics opportunities we work to provide. In the Middle School, our inclusive programming is focused on building a love of sport in all our students, and teams emphasize fun, skill building and the development of community.

Middle School Sports Teams

We are pleased to offer a variety of athletics opportunities in the Middle School based on student interest. Including:

- Basketball
- Soccer
- Volleyball
- Rugby
- Cross-Country
- Track and Field
- Swim Team
- Golf

Basketball Centre of Excellence

Offering student-athletes more than 100 hours of elite skill development throughout the school year, this co-ed Basketball Training Program is run in partnership with Goodwin Hoops and led by Program Director Mitch Goodwin

Through structured gameplay scaling from 1v1 up to 5v5 scrimmages, players develop sharp basketball IQ and a lifelong love for the game.





Outdoor Education

At Aberdeen Hall, we look for ways to provide a breadth of programming options for students to explore. Alongside the top notch academic experience our students receive in the classroom, our programs seek to leverage the incredible environment of the Okanagan Valley, and our outdoor education program is designed to provide students with unique experiences that help them develop resiliency, practice critical and creative thinking, and the collaboration and communication skills that will set them up for success. Whether our students are learning about mycology while hiking at Mabel Lake, scaling the rock walls of Skaha Bluffs Provincial Park, trying out snowshoeing in the alpine above Vernon, or spending the day on the Okanagan Lake, our students are building skills for the future.

“Outdoor education challenges students to redefine their comfort zones and learn about both nature and themselves through dynamic, hands-on experiences. Students engage in a variety of activities where they learn about areas such as navigation, ecology, technical skills, and indigenous culture. They reflect on these experiences by discussing the challenges they faced and things they learned, connecting their direct encounters to broader concepts like environmental stewardship and sustainability. Throughout the process, students build a deeper bond with the natural world, inspiring them to become mindful, responsible, and actively engaged members of their communities.”



Roberto Signoroni
Outdoor Education Coordinator



Middle School Co-Curriculars

The clubs & activities at Aberdeen Hall are designed to provide students with positive experiences that help to expand their knowledge, promote physical growth and development, and foster social and personal skills.

Some of our Middle School clubs include:

- Golf
- Cheerleading
- Astronomy
- Chess
- Minecraft
- Drama
- 3D Printing
- Creative writing club
- MS student council
- Speed rubik's cubing club
- Dungeons and Dragons Club
- Art Club

"At Aberdeen Hall, we believe that a rich educational experience extends far beyond the classroom. Our co-curricular clubs and athletic programs offer students a breadth of learning opportunities that foster leadership, resilience, collaboration, and creativity. These experiences help students discover new passions, build lifelong skills, and develop the confidence to take on future challenges—all while having a whole lot of fun. Participation in these programs is not just a complement to academics; it's a vital part of nurturing well-rounded, engaged, and successful learners."

Why You Should Get Involved

- Explore and Discover
- Connect
- Learn and Grow
- Build Confidence
- Have Fun and Show School Spirit

Get Involved. Get Inspired. Join a Club!



Paul Bienvenu
Middle School Principal

House Team Colour System

At Aberdeen Hall Middle School, the House Team system is an exciting tradition designed to build community, connection, and school spirit among students and staff.

Each student and staff member is assigned to one of four houses, each represented by a unique gryphon and symbol that reflect the core values of the school. For students transitioning from the Junior School, house assignments have carried over. New students are welcomed into the system through a spirited “sorting” ceremony that introduces them to their house and teammates.

The House Team system encourages positive relationships across grade levels and deepens connections between students and teachers. It works alongside the advisory program to provide an additional layer of support and belonging.

“The House Team system is really fun, and one of my favourite parts of Middle School. It’s a great way to mix up the regular routine and make the day more exciting.

You get to know people from other grades who you might not normally hang out with. As a Grade 8 House Team leader we get to show the younger students what to do, and how to be an Aberdeen Hall Gryphon.

When we get together for House Team activities, we’re all cheering for each other, and showing off our spirit. Seeing everybody having fun together is really uplifting.’

Charlie – Grade 8 Student





Parent Resources

Bussing

Starting in Kindergarten, students are able to take the bus to school. Aberdeen Hall services the West Kelowna, Kelowna, Lake Country and Vernon areas with five bus routes on a daily basis.

Bus seats are secured for the entire school year and reserved on a first come, first served basis. Bus registration is sent out to all families in June of each year to reserve a spot for the following school year.

Uniforms

The school uniform is standardized to provide consistency of dress and a community within the school. Students must adhere to the dress requirements, which offer some latitude of choice. An image of excellence and quality is paramount at all times. To that end, we are asking parents to assist us by ensuring their child is always neatly presented.

Most uniform items are purchased through the school's uniform shop. It is important that students wear the uniform in its official style and parents endorse and support the uniform policy.

Formal dress #1 uniform is required on Mondays - our school assembly day - and for all official school functions and outings. Notice will be given when the #1 uniform is required on days other than Monday.

The daily school uniform #2 is worn Tuesday - Friday.

Hot Lunch

Our Hot Lunch Program provides nutritious, freshly prepared meals made in-house by our dedicated kitchen team. Offered five days a week, the program is designed to support the diverse dietary needs of our students by including vegetarian, vegan, and gluten-free options daily. With a focus on wholesome ingredients and balanced choices, the hot lunch program not only nourishes our students but also adds convenience for busy families!





TEACHING EXCELLENCE | INSPIRING FUTURES | SHAPING CHARACTER

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