



# ABERDEEN HALL

## PREPARATORY SCHOOL

### Mission

“ Empower students to lead meaningful lives as compassionate, contributing citizens, and inspire their success in learning and life.”

### Values

Resilience | Responsibility | Integrity | Optimism | Curiosity | Kindness

#### Resilience

The ability to respond to challenges and having the courage to persevere.

##### Resilience can look like:

- Accepting challenges when they are presented.
- Persevering through difficulty.
- Adopting strategies to be successful.
- Understanding that success, however it is defined by you, is a journey.

#### Responsibility

The ability to act independently in response to duty, and to be accountable for one's choices.

##### Responsibility can look like:

- Recognizing our commitment to and responsibilities for our society and the world.
- Taking responsibility for one's actions, and understanding the consequences of decisions and actions.
- Taking advantage of opportunities (support, extensions, extra-curricular, etc...) and striving for excellence in all pursuits.

#### Integrity

The quality of being honest, having strong moral principles, and staying true to one's self.

##### Integrity can look like:

- Acting in accordance to your values even when this is difficult.
- Being honest and forthright.
- Making positive choices for the right reasons.

#### Optimism

A commitment to a bright and hopeful future and the steadfast belief that the outcome will be positive.

##### Optimism can look like:

- Viewing the world, other people and events in the most favorable, positive light possible.
- Having a solution-oriented approach.
- Believing in ourselves and our abilities.
- Approaching hardships in a productive way.
- Being intentionally grateful.
- Understanding that doubts and fears are healthy and normal without letting them define us.

#### Curiosity

A passion for continual learning and exploring.

##### Curiosity can look like:

- Asking questions and listening without judgment.
- Embracing the unknown with an eagerness to learn.
- Challenging the norm and considering different approaches to learning and life.

#### Kindness

The quality of being considerate, inclusive, and generous.

##### Kindness can look like:

- Showing genuine interest in the well-being of others.
- Acting with empathy.
- Helping others to feel included, safe and supported.
- Valuing everyone's unique qualities and contributions to our community.
- Showing up as your authentic self and giving others permission to do so as well.
- Doing the right thing without expectation.

