



ABERDEEN HALL

PREPARATORY SCHOOL



CONGRATULATIONS GRAD CLASS OF 2022!

Wishing you all the best in the next phase of your lives!

SUMMER NEWSLETTER

AUGUST 2022

SUMMER LEARNING

The summer can be an ideal season for learning, especially if families are able to be intentional about providing certain opportunities, experiences and resources for their children. If done successfully, gains can be created in physical, social and psychological development resulting in positive cognitive growth over the summer.

Some of my most vivid and positive childhood memories include unique summer experiences. I fondly remember a couple of canoe trips. Interestingly enough, I don't think I enjoyed the experiences very much at the time. I remember when I was challenged to portage a canoe solo in Killarney Park in Ontario. There is nothing quite like being bitten numerous times by horse flies and mosquitoes when your hands are committed to balancing the canoe and you are defenseless from the bites. Some of those flies can take a chunk out of your mid back!

Once completed, the sense of accomplishment was powerful and has lasted till this day. I also had some significant welts to show my cabin mates.

During another summer when I was a young adult, an old friend once said to me:

"If you want to teach a child patience, take them fishing for a few hours."

Teaching patience, or perhaps, practicing patience can be challenging for children. We live in such an overstimulated, immediately gratifying environment full of electronics, screens and x-game excitement. It can be difficult for some children to slow down and participate in deeper

thought activities. There are numerous paradoxical benefits to 'being bored'. Having a sense of boredom is often underrated, it can actually promote levels of deeper thought when children learn to entertain themselves through imagination and personal interests.



"Neuroscientist Alicia Walf, a researcher in the Department of Cognitive Science at Rensselaer Polytechnic Institute, says it's critical for brain health to let yourself be bored from time to time. Being bored, she says, improves social connections. Social neuroscientists have found that the brain has a default network mode that is on when we're disengaged from doing. Boredom can actually foster creative ideas, refilling your dwindling reservoir, replenishing your work mojo and providing an incubation period for embryonic work ideas to hatch."

Bryan Robinson PhD

Some believe that our significant break from classes can result in a loss of learning, (referred to as a "faucet theory"), however, if we guide with intention, it is my belief that the summer can provide unique opportunities for meaningful learning that enhances our children's overall childhood development opportunities.

A few activities our own children enjoyed that helped promote growth were:

- Camping experiences, both with us and at summer camps.
- Seeing unique sights on vacation, in our area and even in our backyard.
- Reading, reading and reading!
- Providing moments away from us as parents, and spending time with relatives or friends.
- Enjoying music, especially summer tunes.
- And finally, hikes in the woods which we found had numerous benefits for all of us.

We look forward to reconnecting with you in September and learning of some of the experiences your children encountered this summer.

With warmest regards,

Chris Grieve

Head of School

WONDERING WHO YOUR TEACHERS ARE OR QUESTIONS ABOUT YOUR TIMETABLE?

Teachers will be at the front of each school to direct students to their homeroom class and students will be given their timetables on **TUESDAY, SEPTEMBER 6**. We look forward to welcoming you back!



UNIFORMS

THE FIRST DAY OF SCHOOL IS TUESDAY, SEPTEMBER 6, 2022 AND STUDENTS ARE TO WEAR THEIR NUMBER 2 UNIFORM.

Uniform Store

The store will be open from **August 8 to September 2** from 9:00am-3:00pm.

August 8 - 23: Mondays & Tuesdays - Fittings are by appointment only for new families only.

August 30: The uniform shop will be open for international students only on this day.

New families will require a sizing appointment and should book one 30-minute time slot. **Uniform fittings must be booked online.**

Looking for gently used uniforms?

Please text or call Karen Quigley at 250-860-7147 with your request for a uniform item(s). Please note that inventory is limited to the following due to the crest change: Blazers, pants, shorts, tunics, kilts and junior gym shorts.

Questions?

Questions about uniforms can be directed to Yusula Choe, Uniform Shop Manager at: yusula.choe@aberdeenhall.com.

LOCATION
CHANGE

The uniform shop has moved! We are now located on campus in Portable #4.

School Supply Lists

Kindergarten - Grade 3 students are provided with school supplies.
Please ensure all uniform items and school supplies are clearly labeled.

Bus Registration 2022-2023

Bus seats are secured for the entire year and reserved on a first come first serve basis.

Please send your bussing inquiries to Irene Ferguson at transportation@aberdeenhall.com

After School Care - K-Grade 5

After school care is offered on all full school days from 3:15-5:15 pm. Please register and select your option of full time care or occasional use. There is no charge for Grade 5 students but registration is still required.



BIRDIES, BOGEYS + BEVVIES

2022 GOLF TOURNAMENT

It's time to par-tee!

We are excited to share that we will be hosting one of our community's most-loved events. Grab your golf clubs and join us at Aberdeen Hall's 2022 Golf Tournament!

This 18-hole Texas scramble tournament is being held on September 24 at the Black Mountain Golf Club. Registration opens at 9:30 am with a shotgun start at 11:00 am.

**SATURDAY,
SEPT. 24**
**BLACK MOUNTAIN
GOLF CLUB**



THE REGISTRATION FEE IS \$225 PER GOLFER WHICH INCLUDES:

- 18 holes of golf Power cart rental
- All-day BBQ lunch
- Welcome beverage and breakfast sandwich
- Post-golf cocktail and dinner reception

SAVE THE DATES

Holiday Social at BNA

★ **THURSDAY, NOVEMBER 17**

Tickets and details will be coming shortly!

Giving Tuesday

💰 **TUESDAY NOVEMBER 29**

A day for our whole community to show support for the Athletics and Wellness Centre.

CONTACTS

Junior School

Principal: **Ms. Casey Turnpenny**
casey.turnpenny@aberdeenhall.com

Vice-Principal: **Ms. Laura Hazeldine**
laura.hazeldine@aberdeenhall.com

Middle School

Principal: **Mr. Paul Bienvenu**
paul.bienvenu@aberdeenhall.com

Vice-Principal: **Ms. Brianne Niles**
brianne.niles@aberdeenhall.com

High School

Principal: **Mr. Grant Ozechowsky**
grant.zechowsky@aberdeenhall.com

Questions about student life, leadership, electives or timetables please contact:
Ms. Jaime Hill - Vice-Principal/Student Life:
jaime.hill@aberdeenhall.com

Questions about graduation requirements, transcripts or post secondary guidance.
Please contact: **Mr. Stephen Acree**
Vice-Principal/University Guidance:
stephen.acree@aberdeenhall.com

Questions about Athletics?



Contact **Mr. John Gareau** at john.gareau@aberdeenhall.com



2022-2023 School Calendar

August 2022

30	Tues	Professional Development Workshop
31	Wed	Professional Development Workshop

September 2022

01	Thurs	Professional Development Workshop
06	Tues	First Day of Fall Term
12	Mon	Junior School (Gr. K-5) Picture Day
15	Thurs	Preschool Picture Day
19	Mon	Middle School (Gr. 6-8) Picture Day
19	Mon	Retakes, Preschool – Grade 5
26	Mon	Senior School (Gr. 9-12) Picture Day
26	Mon	Retakes, Middle School (Gr. 6-8)
30	Fri	National Day for Truth and Reconciliation (School Closed)

October 2022

03	Mon	Senior School (Gr. 9-12) Picture Day
07	Fri	Fall Mid-Term Break (School Closed)
10	Mon	Thanksgiving (School Closed)

November 2022

11	Fri	Remembrance Day (School Closed)
14	Fri	Professional Development Day (School Closed)

December 2022

16	Fri	Last Day of School (Noon Dismissal)
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Winter Vacation

Monday, December 19, 2022 – Friday, January 6, 2023

January 2023

09	Mon	First Day after Winter Vacation
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February 2023

17	Fri	Professional Development Day (School Closed)
20	Mon	Family Day (School Closed)

March 2023

17	Fri	Last Day of School
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Spring Vacation

Monday, March 20, 2023 – Friday, March 31, 2023

April 2023

03	Mon	First Day after Spring Vacation (School Closed)
07	Fri	Good Friday (School Closed)
10	Mon	Easter Monday (School Closed)

May 2023

19	Fri	Spring Mid-Term Break (School Closed)
22	Mon	Victoria Day (School Closed)

June 2023

16	Fri	Year End Ceremonies (Noon Dismissal) Last Day of Classes
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PARENT GUILD



Hello and welcome to Aberdeen Hall. My name is Tara Reszitaryk and I am the Parent Guild President. Our family has been at Aberdeen Hall for six years and from the beginning, it was a personal commitment of mine to be involved with the school and model the importance of participating in the larger community.

My involvement culminated in me assuming the role of Parent Guild President in 2021. Under the direction of past President,

Steve Woloshyn, I've already learned so much and I can't wait to start the upcoming school year. Please call, text or email me anytime - and I encourage you to join the Guild!

We're always looking for new volunteers at any capacity. Whether you have a couple of hours a week or a couple of hours a month, we have a role that can suit your schedule.

I look forward to meeting you.

Sincerely,
Tara Reszitaryk

Interested in being a parent volunteer?

Volunteer Requirements

Aberdeen Hall requires all volunteers to have an updated CRC and Code of Conduct agreement on file prior to attending a volunteer commitment.

Interested parties should contact Irene Ferguson to complete this process. If you have already completed these forms, you can reach out directly to our Parent Guild Volunteer Coordinator, Sarah Frohaug, to pursue one of our rewarding volunteer opportunities.

Hot Lunch Sign-Up

We are pleased to offer an in-house lunch service. Our goal is to offer healthy, satisfying meals at a reasonable cost in support of our students' health, well-being and ability to learn.

PERFORMING ARTS

Save The Dates

Middle School Music Concert

Tues. Feb. 28, 2023

Grades 3-5 Music Concert

Tues. May 16, 2023

More Information on performing arts events to come this fall!

Renting vs Buying

Renting or purchasing are both options and Matthew Thomas the school liaison at Wentworth Music in Kelowna would be happy to guide you through the process if you have any questions about acquiring an instrument. We do not recommend purchasing an instrument from an online source such as Amazon, without a certain level of expertise, as the instrument will not have been given a proper setup by a technician and may be difficult for a student to practice on.

Choosing an Instrument

For Guitar, Bass, Violin or Cello, the important factors are:

1) The correct size/scale 2) The ability to hold its tuning 3) Comfort

It is important to get an instrument that is an appropriate size for the student and is comfortable for them to practice with.

For Percussion Classes:

It is recommended to wait until the students have met with their teacher in September and find out what the area of focus will be so the appropriate instrument (djembe, snare, kit, practice pad, etc.) can be selected.



CURRENT TAXI



Current Taxi Family Memberships

Reduce your stress load (and carbon footprint) surrounding pick-ups and drop-offs—book reliable Tesla rides in advance with a Current Taxi family membership.

Current Taxi Offers

- Industry Leading Driver Screening
- Strict Cleaning and Disinfection Protocols
- Cash-free, Card-free Payments
- Secure Door-to-Door Service